



**Get Better** 



Bluetens, a **Revolution** in connected health!









A device that will relax you; a truly small personal therapist!









## Bluetens your connected well-being

#### Bluetens is the first connected electrostimulator.

Developed by a French team, Bluetens is **medically certified** and helps you feel better.

Bluetens generates an electric current that, depending on frequency, intensity and duration, will **treat** you, **relax** you or **fortify** you in total freedom.

Whether you need a natural pain killer, relaxation after a rough day, an active recovery solution, or fortification, **Bluetens is the solution for you.** 



## Electrotherapy, how does it work?

The electric stimulation created by Bluetens is identical to a natural process controlled by the brain, for generating muscular contractions that provide treatment, relaxation or strengthening.

Electro-stimulation is a training technique integral to the preparation of athletes, especially for their recovery.

It is taught during physiotherapy studies and used extensively by practitioners. It is integrated in protocols for numerous pain killers and it is an extremely efficient natural solution to relieve pain.



Your well-being companion with you, EVERYWHERE you go

#### 15 BODY AREAS

more than **150** PROGRAMS

#### 3 ACTIONS:

cure, relax, tone

#### 5 EFFECTS:

friction, kneading, pressure, pummeling, contraction



- Bluetooth 4.0 (BLE)



## Cure



Physiocare programs, tailored by our experts, which relieve your pain and allow you to recover faster from injury. A gentle action, 100% natural and used by therapists.





- Bluetooth 4.0 (BLE)
- Android 4.3 et au-delà



## Relax



Exceptional physical effort, sudden stress, tiring day - our relaxing massages will unwind you and speedily bring you a feeling of well-being.





## Tone



Programs to prepare your muscles for exercise and to improve your performances.

Bluetens will strengthen you everywhere, whenever you need it!



### The 5 effects and sensations



#### **PUMMELING**

Brings you a real pummeling sensation, warming up muscles, while preparing them for exercise. You will have the feeling of a physiotherapist hitting your muscles with the edges of his hands.



#### KNEADING

This mode kneads and deeply relaxes your muscles. A soothing massage, improvement of blood circulation, cleaning of metabolites, we use this effect to relax your muscles and promptly relieve tension.



#### **FRICTION**

You will feel a diffuse effect, similar to warming, a mild and pleasant caress. We use such effect in order to relieve your pain. It's a natural solution to efficiently cut the transmission of pain message to the brain.



#### **PRESSURE**

This effect is the most used by physiotherapists during massage. A pacifying and relaxing sensation when the therapist's hand glides over the skin. At low intensity, the sensation will be felt on the skin; at high intensity, you will feel muscular tensions disappearing.



#### CONTRACTION

You will feel your muscle contract and relax, it is a good sign. You are currently working out, this is how Bluetens helps strengthen you by toning your muscles. This action is often followed by a pummeling effect to prepare your muscles for next effort.

## Bluetens Full set

149€\*





### Bluetens The electrodes

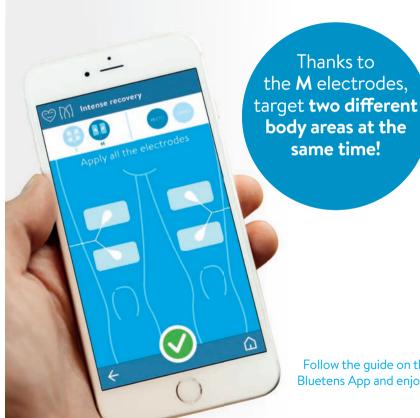




#### Bluepack

12 electrodes pack (S pack) or 8 electrodes pack (M pack)

### Want to recover faster?



Follow the guide on the Bluetens App and enjoy....

### Accessories



**Hard Case** 

The carrying satchel accommodates Bluetens and its accessories.



**Clip**Clip to fix
Bluetens to a belt

## Bluetens the key facts





Medically certified device



A single button



4 x 6 cm



25 g



1 hour of charging = 15 days of use



2 years guarantee

# Unanimous verdict on Bluetens experience across all media



































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